



Parents
Helping Parents

**2022
ANNUAL
REPORT**

Supporters, Partners, and Friends of PHP:

Thank YOU for your ongoing trust in and support of Parents Helping Parents. YOUR unwavering support of families and their loved ones with special needs makes a REAL difference in the lives of hundreds of thousands!

As a sense of post-pandemic "normalcy" is re-established at PHP and throughout our community, we continue to keep families first in all of our endeavors.

We are making tangible progress with our 3-year Strategic Plan started in 2021. In FY2021-22, PHP:

- Launched the Connections California: Transition to Adulthood program, with dozens of events in English, Spanish, and Vietnamese.
- Enhanced advocacy efforts at the county, state, and national levels.
- Opened two new neighborhood offices, with plans for two more, and solidified collaboration with more local agencies.

Behind the scenes, we improved operational processes, implemented a hybrid work model, maintained our solid financial footing, and expanded our team to better serve our community.

Through it all, YOU continued to step up to bolster programs and services for PHP families.

I am so grateful to PHP partners and supporters like YOU who make our critical work possible. Families need the support of Parents Helping Parents each and every day. Thank you.



Maria Daane
Maria Daane
Executive Director

Engagement with Families Remains High

200K

PHP touched nearly 200,000 families through 16,000+ direct services to 6,200+ parents and professionals, and an additional 176,000+ families receiving information online!

78%

78% of families served by PHP represent communities of color. PHP continues to provide all information and services in 3 languages.

25

PHP runs, on average, 25 FREE monthly support groups in three languages. Participants come from the Bay Area, California, the United States, and internationally!

615

PHP hosted 615 webinars, online support groups, and other meetings via Zoom. That's ~50 a month!

87%

87% of PHP program staff are parents of a loved one with a disability, making PHP uniquely qualified to serve families through our shared lived experiences

8,000+

8,812 parents, professionals, and caregivers attended online PHP webinars, support groups, and other training opportunities.

60%↑

PHP E-Learning Library videos were watched for 5,600+ hours, a 60% Increase from 2021!

58%

58% of families served by PHP reside in Santa Clara County, CA. For the first time, the 2nd largest service area (4%) is outside the Bay Area, in LA County!



People with Disabilities Face Barriers

1 in 4

26% of all Americans are living with a disability.

Centers for Disease Control & National Center on Birth Defects and Developmental Disabilities, 2020

28k+

More than 28,000 students have a disability in Santa Clara County. Of these, 14,500+ are at-risk socioeconomically, and 400+ are also homeless.

Santa Clara County Children's Data Book, 2021



During the pandemic, "students with disabilities were cut off from...in-person special education...and were given last or no priority when school attempted to preserve educational opportunity."

National Council on Disability 2021 Progress Report

38%

Just 38% of adults with disabilities are employed, as compared to 76% of non-disabled adults

Disability Compendium Annual Report, 2021

50%

Only half of teachers in Santa Clara County strongly believe that students with mild to moderate disabilities can perform at grade level expectations.

Santa Clara County Children's Data Book, 2021

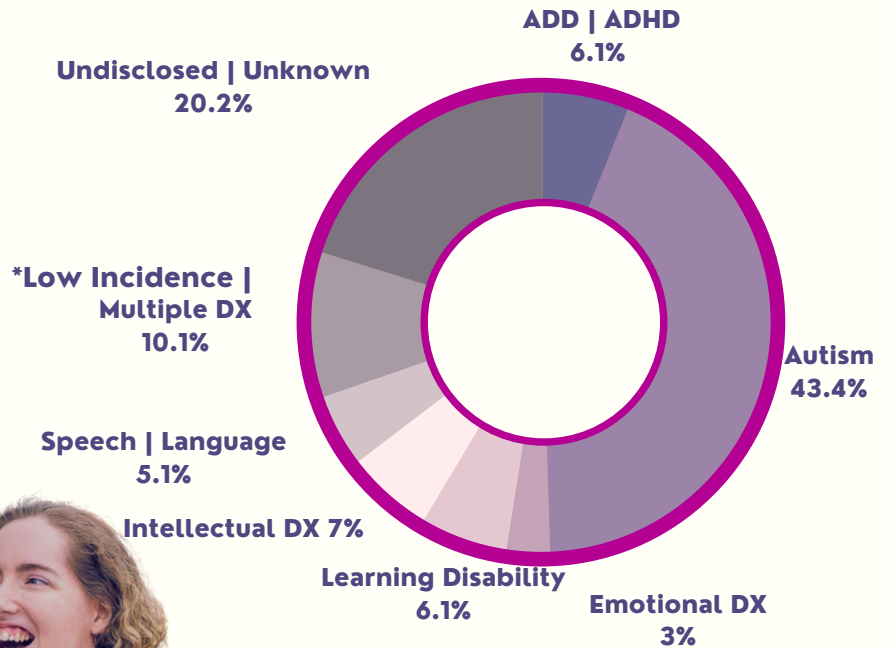
4X

65-70% of youth involved with the justice system have a disability, more than 4X higher than the rate of youth without disabilities.

National Council on Disability 2020 Progress Report



Diagnoses Served by PHP*



*Low-incidence diagnoses include hearing, orthopedic and visual impairments, traumatic brain injuries, and "other."



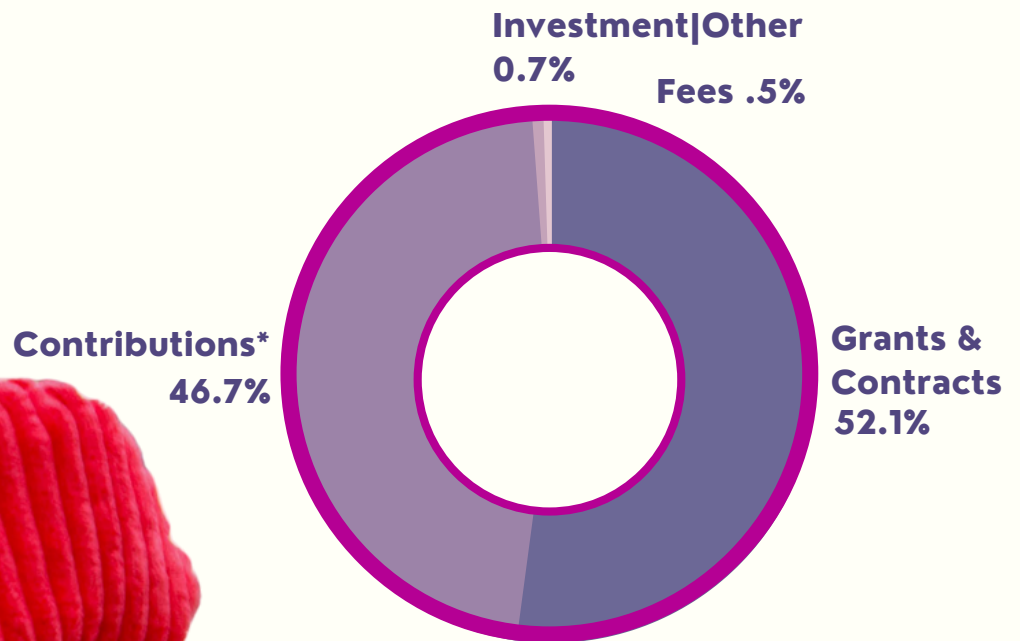
Support Families! Donate today!

www.php.com



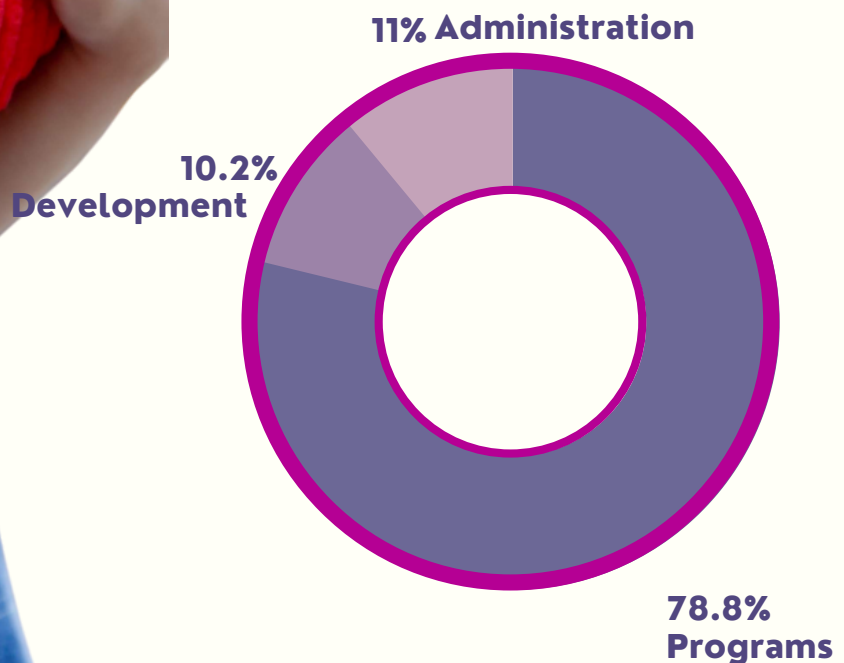
2021-22 REVENUE

Total Revenue*: \$2,709,389.93



2021-22 EXPENSES

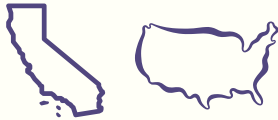
Total Expenses: \$2,362,333.82



*Total revenue includes events, contributions & pledges, and in-kind donations.

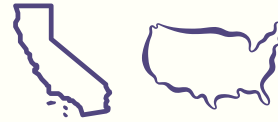
2021-2024 STRATEGIC GOALS

GOAL #1: EXPAND LOCAL, STATE & NATIONAL SERVICES



Parents Helping Parents will transition to a post-pandemic world by significantly expanding local, statewide, and national services to families with special needs. Special emphasis will be on online opportunities for those with digital literacy/access, and expansion of local offices and outreach to underserved communities.

FALL 2022 STATUS:



PHP opened two neighborhood offices in Santa Clara County, CA, in 2022. These are in East San Jose and Gilroy and envelope the 5 most in-need PHP zip codes. One additional neighborhood office is in the works, and a contract from a large hospital network in Santa Clara County is pending. Additionally, LA county is now the 2nd most-served county by percentage (4%) of all PHP services.

GOAL #2: INCREASE ADVOCACY EFFORTS



Parents Helping Parents will grow an advocacy program capable of reaching 100,000 people through parent center partners and social media networks to mobilize future parent leaders, create system change, and provide political power for families.

FALL 2022 STATUS:



PHP launched 15 grassroots advocacy campaigns through social media and its 26,000+ member email list. Campaigns generated 5,700 emails and petition signatures sent to local, state, and federal lawmakers in support of legislation benefiting children and adults with disabilities. 1,000 people shared PHP campaigns with others.

GOAL #3: CALIFORNIA ADULT SERVICES LEADER



Parents Helping Parents will lead the development of a statewide hub of information for all parents/caregivers of adults or young adults with disabilities, including a focus on person-centered transition and life plans.

FALL 2022 STATUS:



PHP launched Connections California: Transition to Adulthood in January 2022. As of September 2022, Connections California hubs are online in English and Spanish. More than 40 online events, attended by 1,400+ individuals, have been held in English, Spanish, and Vietnamese.

Our Partners

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Agilent Technologies Foundation
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Juniper Networks
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Santa Clara Family Health Plan
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